What is hypnosis?

Reincarnation or Imagination?

 It doesn’t really matter. Your subconscious is creating a scenario that will help you overcome a life issue

Subconscious memory banks

Is a computer and acts only according to programming and thoughts are the programming

 Can’t tell fantasy from reality.

You cannot be made to do anything you wouldn’t ordinarily do

Methods of perceiving

 Visualization, Snapshots, Hearing words inside the head, Just knowing.

Predestination/Fate

 We create our own realities, within a framework of pre-fixed obstacles and opportunities we’ve already created for ourselves previously, on a spirit level. We have free will to do whatever we want and if we want it badly enough we may work through some of these challenges and change the outcome.

REGRESSION: A full body/mind relaxation that allows the subconscious and unconscious to bring forward problem solving scenarious. Client is aware of all said and perceived and in complete control of a session.

Books by Richard Sutphen:

Master of Life Manual, Soul Agreements, You Were Born Again To Be Together, Reinventing Yourself, Radical Spirituality